



[www.bristolsouthscouts.org.uk/scouts](http://www.bristolsouthscouts.org.uk/scouts)

✉ [rich.cumner@bristolsouthscouts.org.uk](mailto:rich.cumner@bristolsouthscouts.org.uk)

Dear

Your Son/Daughter has expressed an interest in the District Night Hike competition being held on the Sat 14<sup>th</sup> November '09. Start point is at Chelwood Campsite arriving at 5.45pm ready for a 6pm start. (Directions are on the web site address above). Please can you ensure they have had an evening meal before. Pick up will be at 107<sup>th</sup> Scout HQ at 10am on the Sun, again the map is on the web site. [www.bristolsouthscouts.org.uk/scouts/night-hike](http://www.bristolsouthscouts.org.uk/scouts/night-hike)

The list below is kit they will need to have with them along with the kit that their unit will supply, this needs to be carried between the team.

- Rucksack (must go over both shoulders)
- Sleeping bag/roll mat
- Change of clothes
- Full plastic water bottle
- Emergency food
- Pen and paper
- Water proofs
- Torch
- And food that they can make hot (i.e pot noodle)

Please can you fill in the reply slip below and medical form attached and send back to your child's Scout Leader .

Yours in Scouting

Rich Cumner

ADC Bristol South Scouts

✂.....

**DISTRICT NIGHT HIKE 2009**

I give permission for..... to attend the District Night Hike on the 14<sup>th</sup> November 2009.

.....

Signed

Date